AD	

Award Number: DAMD17-03-1-0553

TITLE: Long Term Outcomes of BRCA1/BRCA2 Mutation Testing

PRINCIPAL INVESTIGATOR: Marc D. Schwartz, Ph.D.

CONTRACTING ORGANIZATION: Georgetown University Washington, DC 20007

REPORT DATE: August 2004

TYPE OF REPORT: Annual

PREPARED FOR: U.S. Army Medical Research and Materiel Command

Fort Detrick, Maryland 21702-5012

DISTRIBUTION STATEMENT: Approved for Public Release;

Distribution Unlimited

The views, opinions and/or findings contained in this report are those of the author(s) and should not be construed as an official Department of the Army position, policy or decision unless so designated by other documentation.

20050121 034

REPORT DOCUMENTATION PAGE

Form Approved OMB No. 074-0188

Public reporting burden for this collection of information is estimated to average 1 hour per response, including the time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed, and completing and reviewing this collection of information. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden to Washington Headquarters Services, Directorate for Information Operations and Reports, 1215 Jefferson Davis Highway, Suite 1204, Arlington, VA 22202-4302, and to the Office of

Management and Budget, Paperwork Reduction Projection	ect (0704-0188), Washington, DC 20503		
1. AGENCY USE ONLY	2. REPORT DATE	3. REPORT TYPE AND	
(Leave blank)	August 2004	Annual (21 Jul	2003 - 20 Jul 2004)
4. TITLE AND SUBTITLE			5. FUNDING NUMBERS
			DAMD17-03-1-0553
Long Term Outcomes of BR	RCA1/BRCA2 Mutation Te	esting	
6. AUTHOR(S)			
Maria D. Cabrinata Dh. D.			
Marc D. Schwartz, Ph.D.			
7. PERFORMING ORGANIZATION NAM	ME(S) AND ADDRESS(ES)		8. PERFORMING ORGANIZATION
Georgetown University			REPORT NUMBER
Washington, DC 20007			
F.M9. Gullersechus Green von der			
E-Mail: Schwartm@georgeto	wn.eau		
9. SPONSORING / MONITORING			10. SPONSORING / MONITORING
AGENCY NAME(S) AND ADDRESS	(ES)		AGENCY REPORT NUMBER
U.S. Army Medical Research and Materiel Command			
		ınd	
Fort Detrick, Maryland		and	
		and	
Fort Detrick, Maryland		and	
		ind	
Fort Detrick, Maryland		ind	
Fort Detrick, Maryland		ind	
Fort Detrick, Maryland	21702-5012	ind	12b. DISTRIBUTION CODE
Fort Detrick, Maryland 11. SUPPLEMENTARY NOTES	21702-5012 STATEMENT		12b. DISTRIBUTION CODE
Fort Detrick, Maryland 11. SUPPLEMENTARY NOTES 12a. DISTRIBUTION / AVAILABILITY S	21702-5012 STATEMENT		12b. DISTRIBUTION CODE
Fort Detrick, Maryland 11. SUPPLEMENTARY NOTES 12a. DISTRIBUTION / AVAILABILITY S	21702-5012 STATEMENT ase; Distribution Unl		12b. DISTRIBUTION CODE

This project aims to gain a better understanding of the implications of genetic testing for breast-ovarian cancer susceptibility. The primary goal is to evaluate the impact of BRCA1/B RCA2 mutation testing on long term psychosocial (quality of life, distress, social functioning) and prevention/surveillance (mammography, CA125, transvaginal ultrasound, prophylactic mastectomy, prophylactic oophorectomy and chemoprevention) outcomes. To accomplish this we will measure outcomes within a group of women who received BRCA1/BRCA2 test results at least four years ago. We will divide our sample based upon their personal cancer history - evaluating cancer survivors with different measures compared to unaffected individuals. For both survivors and unaffected individuals we will recruit separate comparison samples of women who have never received BRCA1/BRCA2 testing. To date, we have submitted a protocol and received IRB approval from Georgetown University, have submitted a protocol and are awaiting approval from the DOD, have developed our measurement and data management systems and are prepared to begin accrual upon receipt of human subjects approval from the DOD.

14. SUBJECT TERMS	15. NUMBER OF PAGES 44		
BRCA1, BRCA2, Outcomes			16. PRICE CODE
17. SECURITY CLASSIFICATION OF REPORT	18. SECURITY CLASSIFICATION OF THIS PAGE	19. SECURITY CLASSIFICATION OF ABSTRACT	20. LIMITATION OF ABSTRACT
Unclassified	Unclassified	Unclassified	Unlimited

NSN 7540-01-280-5500

Standard Form 298 (Rev. 2-89) Prescribed by ANSI Std. Z39-18 298-102

Table of Contents

Cover	1
SF 298	2
Table of Contents	3
Introduction	4
Body	6
Key Research Accomplishments	7
Reportable Outcomes	7
Conclusions	7
References	7
Appendices	8

INTRODUCTION

Genetic testing for breast-ovarian cancer susceptibility has the potential to reduce breast and ovarian cancer mortality among high risk women. However, there has been ongoing concern regarding the quality of life implications of learning one's mutation status. To date, there have been no studies to evaluate the long-term psychosocial and behavioral impact of receiving clinical BRCA1/2 test results. Several studies have examined these outcomes in the short-term. Although preliminary evidence suggests that the receipt of a positive BRCA1/2 test result does not lead to increased short-term distress, it is clear that women who receive positive test results do report more distress than those who receive negative test results. It is not clear, however, whether this distress has long-term implications. It is possible that distress could decline over time as the individual adapts to her positive test result and ongoing risk. Alternatively, the modestly elevated distress reported in the short-term could be evidence of chronic stress. Ongoing stress has been shown to adversely impact health behaviors and health outcomes. Given the risk status of this population, it is particularly important to better understand the long-term distress levels and the role of distress in adoption of recommended breast and ovarian cancer risk reduction and early detection behavior. To date, there have been no studies to examine these issues.

One of the main potential benefits of BRCA1/BRCA2 testing is to motivate carriers to take behavioral action to reduce their risk of breast and ovarian cancer mortality. However, we do not yet know whether carriers actually engage in such actions. Preliminary evidence suggests that a relatively small proportion of carriers obtain prophylactic surgery in the year following testing. The proportion of carriers who utilize chemopreventive agents such as tamoxifen remains unknown. The few studies to examine screening utilization in the year following disclosure found sub-optimal rates of screening among positives. In fact, rates of mammography have not been found to increase following a positive mutation test. Although mutation carriers did report higher rates of mammography, this difference was due to appropriate decreases in screening among younger noncarriers. In terms of ovarian cancer screening, rates of CA-125 and transvaginal ultrasound do increase among carriers in the year following testing. However, overall ovarian cancer screening rates remain below 30%. To date, there have been no studies to evaluate the long-term cancer prevention and screening behaviors of this population. If genetic testing is to fulfill its promise of reducing mortality among individuals from hereditary cancer families, behavioral change must follow the receipt of a positive test result. The first step to addressing this question is to evaluate the behavior of individuals in the years following testing. If individuals remain non-adherent to prevention and screening guidelines, it is particularly important to understand why and to identify early predictors of behavioral non-adherence in this vulnerable population. We will evaluate the role of distress/quality of life as a potential predictor of adverse behavioral outcomes.

The primary goal of this project is to evaluate long term psychosocial (quality of life, distress, social functioning) and prevention/surveillance (mammography, CA125, transvaginal ultrasound, prophylactic mastectomy, prophylactic oophorectomy and chemoprevention) outcomes. To accomplish this we will measure outcomes within a group of women who received BRCA1/BRCA2 test results at least four years ago. We will divide our sample based upon their personal cancer history – evaluating cancer survivors with different measures compared to unaffected individuals. For both survivors and unaffected individuals we will recruit separate comparison samples of women who have never received BRCA1/BRCA2 testing.

Until we better understand the long-term outcomes of BRCA1/2 testing, it is unlikely that such testing will fulfill its promise to reduce breast and ovarian cancer mortality. By evaluating the impact of testing, appropriate intervention strategies can be developed so that individuals at-risk for distress or non-adherence could be targeted for early intervention and/or ongoing support. This research could 06/11/02

provide information necessary to make decisions about how and where to allocate scarce counseling resources and to tailor health promotion efforts to individual needs. Genetic testing for breast-ovarian cancer susceptibility is becoming more widely available to the general population. Prior to its routine use, we should make sure that we fully understand its long-term implications.

BODY

We have listed each of the tasks from our Statement of Work, and the associated accomplishments.

Task 1. Finalize accrual procedures and measures to be included (months 1-6).

a. Meet with CARE program staff to confirm the procedures for patient recontact.

We have completed this task and have generated a list of CARE participants who are eligible for recontact for this study. As soon as final DOD IRB approval is received, we can immediately begin to enroll these individuals.

b. Finalize recruitment letters for each of the study cohorts.

These letters have been completed and are included in the attached Appendix.

c. Finalize the telephone questionnaires to be administered to each cohort.

These interviews have been completed and we are awaiting final DOD IRB approval to begin pilot testing and finalizing these surveys.

d. Develop interview database.

Preliminary interview database has been developed. This database will be beta tested upon receipt of approval to begin interviewing.

e. Develop subject tracking system using Access database.

A preliminary tracking system has been developed and tested. This tracking system will be tested, modified and finalized upon approval to begin interviewing and collection of initial data.

f. Develop CATI system for telephone interviewing and data entry.

CATI system has been developed based upon our current surveys. This system will be modified as needed when data collection begins.

g. Review computer databases of each cohort to determine procedures for participants recruitment and eligibility.

Done.

Task 2. Conduct participant accrual (months 4-48).

Unfortunately we have not yet received approval from the Department of Defense IRB to begin participant accrual. We have an approved and active protocol at Georgetown University (IRB #03-304). We submitted our initial DOD human subjects protocol on 1/13/03. We followed up with Teri Donner on 2/24/03 and were told that the review was ongoing and we could expect to hear something shortly. After not hearing anything for several months we sent an e-mail on 8/18/03. In response to this e-mail we were told that our protocol was reassigned to Diana Weld and that we should have a review shortly. After not receiving a review for another several months, we e-mailed again on 1/7/04. This e-mail was followed by a phone call and another e-mail on 4/3/04. We learned at this time that 06/11/02

our protocol had again been reassigned to Christie Stewart. We were informed that we would have a review within a few days. On 5/7/04 we checked again and were told that the review was forthcoming. After a final e-mail at the beginning of June, we finally received a preliminary review on 6/8/04. We responded to this review of 7/22/04 and are currently awaiting word on our revisions. As soon as the protocol is approved by the DOD IRB, we will make any needed modifications to the Georgetown IRB and upon approval begin recruiting.

Despite the delay of over a year, we should still be able to complete the study accrual within the timeline originally outlined. We have compiled patient lists and hired the staff needed to complete the interviews in a timely fashion.

Task 3. Preliminary Data Analyses (months 24-33)

We will begin preliminary data analyses in Year 3 as originally scheduled.

Task 4. Final analysis and manuscript preparation (months 34-48).

Our final analyses will be delayed by approximately four to six months and will begin in month 38-40. Manuscript preparation will now begin in month 42 and continue to month 48. Of course these timelines depend upon timely review of the revised protocol by the DOD.

KEY RESEARCH ACCOMPLISHMENTS

Our accomplishments to date center on our completion of all preliminary work in anticipation of final approval by the DOD to commence human subjects accrual.

REPORTABLE OUTCOMES

To date we have no reportable outcomes.

CONCLUSIONS

This project seeks to gain a better understanding of the long-term psychosocial and behavioral implications of undergoing genetic counseling and testing for breast-ovarian cancer susceptibility. Since the start of the study, we have prepared all of our data collection and data management tools, hired our study staff, begun regular meetings, and compiled lists of participants to be contacted for participation. However, due to delays on the part of the Department of Defense Human Subjects review, we have been unable to commence study accrual and interviewing. We are fully prepared to begin accrual within weeks of receiving final approval from the DOD. It is our hope that approval can be obtained by Sept 1, 2004 – so that participant interviews can begin by Oct 1, 2004. If this timeline is met, we will be able to meet all of our study accrual goals.

REFERENCES

None

APPENDICES

Α.	Study	Personnel	Listing	.p. 2	X
----	-------	-----------	---------	-------	---

C. Study Questionnaires.....p. 13

06/11/02

APPENDIX A: Current Salaried Study Personnel

Marc D. Schwartz, Ph.D. Beth N. Peshkin, M.S. Kathryn L. Taylor, Ph.D. Claudine Isaacs, M.D. Lauren DeEcheandia, B.S.

Clinton Finch, B.S. Sarah Rogers, M.A. Shibao Feng, Ph.D. Principal Investigator

Co-Investigator Co-Investigator Co-Investigator Project Director

Data Manager/Programmer

Data Specialist Biostatistician

Appendix B: Study Surveys

Referral ID#		Interviewer:		
Date	÷			

TELEPHONE INTERVIEW -- Survivor Cohort and Comparison Groups

1. The first few questions are about your family history of cancer. Here we are only talking about blood relatives.

	brca age	bilateral?	ovca age	alive?
Was your mother eve	r diagnosed	with breast o	r ovarián cán	er?
Mother				
Do you have any sisters	7	NO YES	If Yes, how	many?
Sister #1				
Sister #2				
Sister #3				
Do you have any daugh	ters?	NO YES	If Yes, how	/many?
Daughter #1				
Daughter #2				
Daughter #3				
Does/Did your mother				
		NO YES	If Yes, how	many/
Maternal Aunt #1				
Maternal Aunt #2				
Maternal Aunt #3				
Does/Did your father h	10000			
Paternal Aunt #1		NO YES	If Yes, how	(many):
Paternal Aunt #2			·	
Paternal Aunt #3				
Was your [maternal/	paternal] gr	andmother ev	er diagnosed	with breast
or ovarian cancer?				
Maternal Grandmother				

Paternal Grandmoth	ner					
D you have any of		alatives affa	rted with hre	ast ar avaria	reancar?	
D you have any or	uei iemaie i	ŇO		If Yes, how n		
		brca age	Control of the Second Second	4		
Relationship:						
Relationship:						
Relationship:						
Do you have any n	nale relative		1			
			XES -	literal?	alive?	
Relationship:		brca aş	ge bi	lateral?	anve:	
Relationship:						
Relationship:						
Do you have any n	nale relative		1948	10 July 10 St. 10 July 10 July 10 St. 10 July 10 July 10 St. 10 July 10		
			14 10 14 15 15 15 15	If Yes, how n	A CONTRACTOR OF THE PARTY OF TH	
		ag	e@dx	ali	ve?	
Relationship:			· · · · · · · · · · · · · · · · · · ·			
Relationship:						
Do you have any	/ Jewish ar	icestors fro	om Central c	r Eastern E	urope?	
		NO	YES:			
Is your mother of A		7, 7, 7	100	ES UNKN ES: UNKN	Acceptance of the second	
Is your father of As	inkenazi Jew	ish descent?	I. UVI.		IOWN	
Vere you yourself ev	ver diagnos	ed with brea	st cancer?			
Yes 1	How old	l were you at	first diagnosis	s? Was it	bilateral?	
	Were yo	u ever diagn	osed a second	time? Yes	1	
				No	2 Go	To Question
·	If yes: H	low old were	you at the sec	ond diagnosis	?	•
		Was it a recu	irrence or a ne	w primary?		
		Was it in the	same or oppo	site breast?		
No 2	Go To	Question 2:	a			

06/11/02

2.

2a

2a.	Have you ever had any other type of cancer?
	Yes 1
	No
	What type of cancer?
Colon Endom Cervic Lung Melan	How old were you at first diagnosis? Was it bilateral? Age at diagnosis hetrium
2b.	Did you have radiation therapy?
	Yes
2c.	Are you still undergoing radiation?
	Yes 1 No 2
2d.	Did you have chemotherapy?
	Yes
2e.	Are you still undergoing chemotherapy?
	Yes 1 No 2
The ne	ext questions are about your medical history.
3.	Have you ever had a breast biopsy?
	Yes
	3a. What was the result?
	Atypical hyperplasia

06/11/02

4.	How many breast biopsies have you had? Biopsies					
5.	How old were you when you had your first menstrual period? years old					
6.	Are you still menstruating?					
	Yes					
	6a. How old were you when you had your last period?					
	years old don't know					
	6b. Why did your periods stop?					
	Natural menopause (change of life)					
7.	Have you ever used oral contraceptives; that is, birth control pills? Yes					
	7a. What was the total number of months or years that you used oral contraceptives? months or years don't know					
	7b. How many of these months or years of use occurred before you ever gave birth - (IF SUBJECT SAYS NEVER GAVE BIRTH, ANSWER IS SAME AS 7a).					
	months or yearsdon't know					
8.	Have you ever been pregnant?					
	Yes					
9.	How many pregnancies have you had? Pregnancies					
	Don't know 9					
10.	Have you ever given birth?					
	Yes					

11.	How old were you wh	nen you	had your first child? years old	
12. means	2. Have you taken Tamoxifen – a hormone to treat breast cancer that is being reviewed neans of preventing breast cancer? (or subject may know this as Novaldex)?			
	Yes	1	If yes, what is the total number of months/years that you were taking it? months/years	
	No	2	GO TO Q13	
	12a. Are you current	ly takin	g Tamoxifen?	
	37	1		
	Yes			
	No	2	·	
	12b. Did you begin t	aking ta	amoxifen following your receipt of BRCA1/2 test results?	
	Yes	1		
•	No	2		
	110	2		
13.	Have you taken ralox means of preventing	ifene – breast c	a hormone used to treat osteoporosis and is being reviewed as a ancer? (or subject may know this as Evista)	
	Yes	1.	If yes, what is the total number of months/years that you were taking it? months/years	
	No	2	GO TO Q14	
	13a. Are you current	tly takin	g raloxifene?	
	37	1	•	
	Yes			
	No	2		
test r	13b. Did you beg	gin tak	sing raloxifene following the receipt of your BRCA1/2	
test 1	obuit.			
	Yes	1		
	No	2		
	1 1 V · · · · · · · · · · · · · · · · ·	_		

14.	The next set of questions are about some of the stressors that you may have experienced related to your history of breast cancer and your risk for future cancer. Over the past couple of weeks, how much stress have you experienced regarding <item>? Would you say that <read statement=""> has been <read options=""></read></read></item>
a.	your risk of developing cancer [again]
	Not at all stressful
b.	decisions about things you can do to reduce cancer risks (i.e., prophylactic surgery)
	Not at all stressful 1 A little bit stressful 2 Moderately stressful 3 Very stressful 4
c.	decisions about cancer screening (i.e., mammography, breast self-examinations)
	Not at all stressful 1 A little bit stressful 2 Moderately stressful 3 Very stressful 4
15a.	How confident are you that you can cope with your risk of developing cancer [again]?
	Not at all confident
b.	How confident are you that you have made good decisions about your cancer prevention?
	Not at all confident
c.	How confident are you that you have made good decisions about your screening options?
	Not at all confident

	•								
16a.	In your opinion, how likely is it that you wil READ LIST]	l develo	p breast c	ancer again,	would y	ou say			
	Not at all likely								
	Definitely5		~ · . 1	• •					
16b.	On a scale from 0 to 100 where 0 means that 100 means that you definitely will get breast develop breast cancer again	t you de	again, ho	on't get brea w likely wou	st cance ld you s	r again ai ay you ai	na re to		
	The next questions are about your attitudes a	and opin	ions abou	ıt ovarian car	icer.				
17a.	In your opinion, how likely is it that you wil LIST]	l develo	p ovarian	cancer, wou	ld you s	ay [RE /	AD		
	Not at all likely								
17b.	On a scale from 0 to 100 where 0 means that means that you definitely will get ovarian carovarian cancer?	t you de ancer, ho	finitely w ow likely	on't get ovar would you sa	rian cand Iy you a	cer and 10 re to deve	00 elop		
18.	Instructions: The questions in this scale ask you about your feelings and thoughts during the last month. In each case, please indicate with a check how often you felt or thought a certain way.								
		Never	Almost Never	Sometimes	Fairly Often	Very Often			
	e last month, how often have you felt that you unable to control the important things in life?	0	1	2	3	4			
confi	e last month, how often have you felt dent about your ability to handle personal problems?	0	1	2	3	4			
	e last month, how often have you felt hings were going your way?	0	1	2	3	4			
felt d	e last month, how often have you ifficulties were piling up so high you could not overcome them?	0	1	2	3	4			

17

06/11/02

19. I'm going to read a list of comments made by some people who have had cancer. Please tell me how frequently these comments were true for you <u>during the past seven days</u>. [READ STATEMENT] Would you say this occurred...not at all, rarely, sometimes, or often?

	Not at All	Rarely	Some- times	Often
a. I thought about it when I didn't mean to	0	1	3	5
b. I avoided letting myself get upset when I thought about it or was reminded of it	.00	1	3	5
c. I had tried to remove it from memory	.0	1	3	5
d. I had trouble falling asleep or staying sleep, because of pictures or thoughts about it that came into my mind	0	1	3	. 5
e. I had waves of strong feelings about it	0	. 1	3	. 5
f. I had dreams about it	0	1	3	5
g. I stayed away from reminders of it	0	1	3	5
h. I felt as if it hadn't happened or it wasn't real	0	.1	3	5
i. I tried not to talk about it	0	.1	3	5
j. Pictures about it popped into my mind	0	.1	3	5
k. Other things kept making me think about it	0	.1	3	5
I was aware that I still had a lot of feelings about it, but I didn't deal with them	0	.1	3	5
m. I tried not to think about it	0	.1	3	5
n. Any reminder brought back feelings about it	0	. 1	3	5
o. My feelings about it were kind of numb	0	.1	3	5

20. Now I am going to read a list of problems and complaints that people sometimes have. Please tell me how much discomfort that problem has caused you in the last two weeks.

Not at All	Slightly	Mod- erately	Extremely	i	
a. Nervousness or shakiness inside1	2	3	4		
b. Thoughts of ending your life1	2	3	4		
c. Suddenly scared for no reason1	2	3	4		
d. Feeling lonely1	2	3	4		
e. Feeling fearful1	2	3	4		
f. Feeling blue1	2	3	4		
g. Feeling not interested in things1	2	3	4	•	
h. Feeling tense or keyed up1	2	3	4		
i. Spells of terror or panic1	2	3	4		
j. Feeling hopeless about the future1	2	3	4		
k. Feeling so restless you couldn't sit still 1	2	3	4		
1. Feeling of worthlessness	2	3	4		
In general, would you say your health is: Excellent	_Very g	ood	_Good _	Fair	P
(1) (2)	(3)		(4)	(5)	

The following items are about activities you might do during a typical day.

21a.

	Yes, Limited A Lot	Yes, Limited A Little	No, Not Limited At All
b. Does your health now limit you in terms of moderate activities such as moving a table, pushing a vacuum cleaner, bowling, or playing			
golf	1	2	3
c. Does your health limit you in terms of climb several flights of stairs	oing 1	2	3

d. During the past 4 weeks, have any problems with your physical health resulted in your accomplishing less than you would like

Yes (1) No (0)

e. During the past 4 weeks, have any problems with your physical health limited you in the kind of work or other activities that you do

Yes (1)

No (0)

	ast 4 weeks, have any em less than you would like	otional pro	blems such	as depressi	ion or anxiety r	esulted in y	our our
accomplishing	less than you would like		Yes (1)	No	(0)		
	past 4 weeks, have any en as carefully as usual	notional pro	oblems resu	ilted in your	not being able	to do your	work or
	ne past 4 weeks, how much ome and housework)? [No ith your nor		uding both	work
Not at all (0)		Moderately (2)	Į.	Quite a bit (3)	Ext (4)	remely	
weeks. For	t three questions are about reach question, please giv ng. How much of the time	ve the one a during the	inswer that	comes closeks A Good		you have Little of	None of the Time
i. Have yo	u felt calm and peaceful?	1	2	3	4	5	6
j. Did you	have a lot of energy?	1	2	3	4	5	6
k.Have you	u felt downhearted and bl	ue? 1	2	3	4	5	6
	ast 4 weeks, how much of fered with your social acti					[READ LI	ST]
All of the tin	me Most of the time	Some	of the time	A littl	le of the time	None of	f the time
		•					

22. Below is a list of statements that other people with your illness have said are important. By circling one (1) number per line, please indicate how true each statement has been for you during the past 7 days.

	PHYSICAL WELL-BEING	Not at all	A little bit	Some- what	Quite a bit	Very much
G	I have a lack of energy 0	0	1	2	3	4
P1 G P2	I have nausea	0	1	2	3	. 4
G P3	Because of my physical condition, I have trouble meeting the needs of my family	0	1	2	3	4
G	I have pain	0	1	2	3	4
P4 G	I am bothered by side effects of treatment	0	·1	2	3	4
P5 _G	I feel ill	0	1	2	3	4
P6 G P7	I am forced to spend time in bed	0	1	2	3	4
2	SOCIAL/FAMILY WELL-BEING	Not at all	A little bit	Some- what	Quite a bit	Very much
G	I feel close to my friends	0	1	2	3	4
S1 G	I get emotional support from my family	0	1	2	3	4
S2 G	I get support from my friends	0	, 1	2	3	4
S 3 G	My family has accepted my illness	0	1	2	3	4
S4 G	I am satisfied with family communication about my illness	0	1	2	3	4
\$5 G \$6	I feel close to my partner (or the person who is my main support)	0	1	2	3	4

	÷			
∀				
c`.				
G.				
, ,				
٠,				
		↸		
	- 1			
	: "			

Regardless of your current level of sexual activity, please

I am satisfied with my sex life 0

)

. 1

2

3

By circling one (1) number per line, please indicate how true each statement has been for you <u>during the past 7</u> <u>days.</u>

	EMOTIONAL WELL-BEING	Not at all	A little bit	Some- what	Quite a bit	Very much
G	I feel sad	0	1	2	3	4
E1 G E2	I am satisfied with how I am coping with my illness	0	1	2	3	4
G	I am losing hope in the fight against my illness	0	1	2	3	4
E3 G	I feel nervous	0	ĺ	2	3	4
E4 G	I worry about dying	0	1	2	3	4
E5 G	I worry that my condition will get worse	0	1	2	3	4
	FUNCTIONAL WELL-BEING	Not at all	A little bit	Some- what	Quite a bit	Very much
Ğ	I am able to work (include work at home)	0	1	2	3	4
F1 G	My work (include work at home) is fulfilling	0	1	2	3	4
F2 G	I am able to enjoy life	0	1	2	3	4
F3 G	I have accepted my illness	0	1	2	3	4
F4 G F5	I am sleeping well	0	1	2	3	4

G	I am enjoying the things I usually do for fun	0	1	2	3	4
F6	I am enjoying the things I usually do for fun I am content with the quality of my life right now	0	1	2	3	4

23. Each item below describes a way in which different people respond to situations. On a scale from 1 (I haven't been doing this at all) to 4 (I've been doing this a lot), rate how often you have used these strategies in the past month to cope with your past breast cancer and your risk for developing another cancer.

a.	I've been concentrating my efforts on doing something about the situation I'm in	1	2	3	4
b.	I've been trying to come up with a strategy about what to do		2	3	4
c.	I've been trying to see it in a different light, to make it seem more positive		2	3	4
d.	I've been accepting the reality of the fact that it happened		2	3	4
d.		1	2	3	4
e.	I've been trying to find comfort in my religious or spiritual beliefs	1	2	3	4
f.	I've been getting emotional support from others	1	2	3	4
g.	I've been trying to get advice or help from other people about what to do	1	2	3	4
h.	I've been turning to work or other activities to take my mind off things.		2	3	4
i.	I've been saying to myself "this isn't real."	1	.2	3	4
j.	I've been saying things to let my unpleasant feelings escape	1	2	3	4
k.	I've been using alcohol or other drugs to make myself feel better.	1	2	3	4
1.	I've been giving up trying to deal with it	1	2	3	4
m.	4.0	1	2	3	4
			•	3	4
n.	I've been taking action to try to make the situation better	1	. 2	3	7
n. o.	I've been taking action to try to make the situation better I've been thinking hard about what steps to take	1	1	2	3
	I've been taking action to try to make the situation better I've been thinking hard about what steps to take	1	`		
0.	I've been thinking hard about what steps to take	1	`		
	I've been thinking hard about what steps to take		1	2	3
o. p.	I've been thinking hard about what steps to take4	1	2	2	3
o. p. q.	I've been thinking hard about what steps to take	1	1 2 2	3 3	3 4 4
o. p. q. r.	I've been thinking hard about what steps to take	1 1 1 1	1 2 2 2	2 3 3 3	3 4 4 4
p.q.r.s.	I've been thinking hard about what steps to take	1 1 . 1	1 2 2 2 2	2 3 3 3 3	3 4 4 4
p.q.r.s.t.	I've been thinking hard about what steps to take	1 1 . 1 1	1 2 2 2 2 2 2	3 3 3 3 3	3 4 4 4 4
o. p. q. r. s. t.	I've been thinking hard about what steps to take	1 1 1 1 1	1 2 2 2 2 2 2	3 3 3 3 3	3 4 4 4 4
o. p. q. r. s. t. u.	I've been looking for something good in what is happening. I've been learning to live with it. I've been making fun of the situation. I've been praying or meditating. I've been getting comfort and understanding from someone. I've been getting help or advice from other people. I've been doing something to think about it less, such as going to the movies, watching TV, reading, daydreaming, sleeping, or shopping.	1 1 1 1 1	1 2 2 2 2 2 2 2 2	2 3 3 3 3 3 3	3 4 4 4 4 4
o. p. q. r. s. t. u.	I've been looking for something good in what is happening. I've been learning to live with it	1 1 1 1 1	1 2 2 2 2 2 2 2 2	2 3 3 3 3 3 3	3 4 4 4 4 4 4

z.	I've been giving up	the atte	mpt to cope		1	2	3	4
aa.	I've been blaming n	nyself f	or things that happ	ened	1	2	3	. 4
24.	Patients in the Sur	vivor (Cohort (i.e., have	received genetic counseling) ans	wer Q.	24 other	ers go	to Q. 25.
son	w, thinking about the ne people make abou s scale: [don't read	t that d	ecision. Please inc	rn your BRCA1/2 status, please liste licate how strongly you agree or disa escriptors].	n to the	followi th these	ing con	nments lents, using
2=3 3=1 4=6	strongly agree agree neither agree nor disa disagree strongly disagree	igree						
	_a. I am satisfied that	I was a	dequately informe	ed about the issues important to my d	ecision	about g	enetic 1	testing.
	_b. The decision I ma	ade abo	ut genetic testing	was the best decision possible for me	person	ally.		
	c. I am satisfied th	at my d	lecision about gen	etic testing was consistent with my p	ersonal	values.		
	_d. I am satisfied th	at this	was <u>my</u> decision to	make.				
	_e. I am satisfied w	rith my	decision about ger	netic testing.				
Th	e next few questions	are abo	ut your cancer scr	eening practices and medical decision	n makin	g?		
25			fecal occult blooing test for colon	d test? (also known as an FOBT. cancer).	This te	st dete	cts blo	od in the
			1 2	Date of last FOBT: month_	3	ear		
	25b Have you	ever h	ad a colonoscop	y or flexible sigmoidoscopy?				
	·	Yes	1	Date of last colonoscopy: mo Date of last sigmoidoscopy: mo				
		No	2					
26	. Have you ever	had sı	irgery to remove	your breast(s)?				
	Yes		Go to Q26a Women Go to	O27.				

	26a.	Did you have	surg	ery to	remove	one or	both brea	asts?		
		One	1	Date:	month			Go to (Q26b	
		Both	2				1	month	year	
				Date	second l	breast 1	emoved:	month	year	Go to Q26c
	26b.	Was it for pro	event	ion or	cancer t	reatme	nt?			
		Prevention Cancer Treat Other	ment		2	•	Go to Qu	estion 27 estion 27 estion 27		
	26c.	Was it for (R	EAD	LIST	r) ?					
	Cance	r treatment on r treatment on ntion of cancer	one s	side ar	id prevei	ntion o	n the othe	er side	2 Got	Question 28 o Question 28 o Question 28
27. A	re you c	considering ha	ving	any (a	dditiona	l) breas	st surgery	?		
		······································		go to (Question	n 28)				
	27b. \	What (addition	al) b	reast s	urgery a	re you	consideri	ng (READ	LIST)	
	Prever	ntive removal	of bo	th brea	asts (Bila	ateral r	nastecton	ny)2		
28.	How r	nany times dio	l you	exam	ine your	own b	reast(s) ir	the past 3	months?	Times
2 9.	Have	you ever had a	man	nmogr	am?					
	,	Yes No		G	o to Qu	estion	30			•
	29a.	How old wer	re you	u when	ı you ha	d your	first man	mogram?		
		yea	rs old	d						
	29b.	When was y	our la	ast ma	mmogra		month	_/ year		
30.	When	was your last	breas	st exar	n by a de	octor o	r nurse?	/	vear	

31.	Have	you had your uterus removed?
32.	Have	you had your ovaries removed?
	•	
	No	2 Go to Question 33
	32a.	Was it one ovary or both?
		One1 Both2
	32b.	Did you have your ovary (ovaries) removed for (READ LIST)?
		The treatment of ovarian cancer
IF BC	OTH OV	ARIES REMOVED, GO TO QUESTION 35
33. <i>A</i>	Are you	considering having your ovaries removed for prevention?
		Yes1 No2
34.	Have	you had any of the following tests to screen for ovarian cancer?
	34a.	CA-125 (a blood test)
		Yes
		When was the last time you had this? / month year

	34b.	Pelvic ultrasound for screening purposes, are projected onto the abdomen and an in	not pregnancy. Pelvic ultrasound (sound waves nage is displayed your bladder has to be full).
		Yes 1 G No 2 G Don't know or never heard of it 9 G	to Question 34d.
	34c.	When was the last time you had this?	month year
	34d.	Transvaginal ultrasound for screening pu ultrasound (a probe is inserted into the v bladder does not have to be full).	
		Yes1	Go to Question 34e.
		No	Go to Question 35
		Don't know or never heard of it9	Go to Question 35
	34e.	When was the last time you had this?	. /
	<i>5</i> . c .	, , , , , , , , , , , , , , , , , , ,	month year
	34f.	Did this test include Doppler flow color in Yes	maging?
The	last que	estions are about your background.	
35.	What	is the date of your birth? / month day	year .
36.	What	t is your race or ethnic background? [REA]	D LIST]
	Carib White Hispa Asian Nativ Other	or African American	2 4 5 6

<i>31.</i>	How many years of school have you completed? [READ LIST]
	8 or less years
	Some high school
	High school graduate, or GED
	Some college
	College graduate or beyond
38.	What is your religious background? [DO NOT READ LIST]
	Catholic1
	Protestant2
	Jewish3
	Atheist/None4
	Other5
39.	Are you currently employed for salary or wages? [READ LIST]
	Not employed1
	Full-time employed2
	Part-time employed3
	Retired4
4 0.	What was your household income before taxes last year? [READ LIST
	less than \$20,0001
	\$20,001 - \$35,0002
	\$35,001 - \$50,0003
	\$50,001 - \$75,0004
	greater than \$75,0005
41.	Do you have health insurance?
	Yes1
	No2
	What type? [READ LIST]
	Fee for service (such as Blue Cross/Blue Shield) 1
	Health Maintenance Organization, HMO or other prepaid plan 2
	PPO or Point of Service
	Military/Champus 4
	Medicaid5
	Medicare6
	Other9

Referral ID#	Interviewer:
Date	

TELEPHONE INTERVIEW -- Unaffected Cohort

1. The first few questions are about your family history of cancer. Here we are only talking about blood relatives.

	brca age	bilateral?	ovca age	alive?
Was your mother eve	r diagnosed	with breast o	r oyarian can	ser?
Mother				
Do you have any sisters	?	NO YES	If Yes, how	many?
Sister #1				
Sister #2				
Sister #3				
Do you have any daugh	ters?	NO YES	If Yes, hov	v many?
Daughter #1				
Daughter #2				
Daughter #3 Does/Did your mother	have anv cicte	rs?		
Presidita your moiner			If Yes, how	many?
Maternal Aunt #1				
Maternal Aunt #2				
Maternal Aunt #3		3110000		
Does/Did your father h		And the second of		200
Paternal Aunt #1	(1) (1) (1) (1) (1) (1) (1) (1) (1) (1)	NO YES	If Yes, how	v many (
Paternal Aunt #1 Paternal Aunt #2				
Paternal Aunt #3				
Was your [maternal/	paternall gra	andmother ev	 er diagnosed	 with breast
or ovarian cancer?				The second secon
Maternal Grandmother			. Design 1	

Paternal Grandmother				
D you have any other femal	e relatives affecte	ed with breast	or ovarian ca	ncer?
	Control of the second	YES If Y	Barrier Barrier Barrier	
	brea age	bilateral?	ovca age	alive?
Relationship:				
Relationship:				
Relationship:				
Do you have any male relat	ives affected with	breast cancer		
	i NO	YES 'IFY		
Relationship:	brca age	bilater	ral? a	llive?
Relationship:				
Relationship:				
Do you have any male relat	ives diagnosed wi	th prostate car	icer?	
	A DESCRIPTION OF THE RESERVE		es, how many	,?
	age@	dx	alive?	
Relationship:				
Relationship:				
Relationship:				
Do you have any Jewish		Central or E	astern Euro	pe?
Ts your mother of Ashkenazi			UNKNOW	N
ls your father of Ashkenazi J		and the second	UNKNOV	
10	1 .1 1	0		
ere you yourself ever diagno	osed with breast	cancer?		
s[Switch to S	urvivor Cohort I	nterview]		
o [Go to 2a]				
Have you ever had any othe	r type of cancer?			
Yes 1 [Switc	h to Survivor Co	hort Interview]	
	TO. OHECTION			

2.

2a.

3.	. Have you ever had a breast biopsy?	
	Yes	
	3a. What was the result?	
	Atypical hyperplasia	2 3 4
4.	. How many breast biopsies have you had? Biopsies	
5.	. How old were you when you had your first menstrual period?	years old
6.	. Are you still menstruating?	
	Yes	
	6a. How old were you when you had your last period?	•
	years old don't know	
	6b. Why did your periods stop?	
	Natural menopause (change of life)	
7.	. Have you ever used oral contraceptives; that is, birth control p	oills?
	Yes	
	7a. What was the total number of months or years that	you used oral contraceptives?
	months or years don't know	
	7b. How many of these months or years of use occurred bet SUBJECT SAYS NEVER GAVE BIRTH, ANSWER IS SA	

The next questions are about your medical history.

	months or	r years	don't know		
8.	Have you ever been	pregna	nt?		
	Yes No		Go to Question 12		
9.	How many pregnance	ies hav	re you had? Pregnancies		
	Don't know	. 9			
10.	Have you ever given	birth?			
	Yes 1 No 2		o Question 11 o Question 12		
11.	How old were you w	hen yo	ou had your first child? years old		
12.	2. Have you taken Tamoxifen – a hormone that is sometimes used in healthy women as a means preventing breast cancer? (or subject may know this as Novaldex)?				
	Yes	1	If yes, what is the total number of months/years that you were/are taking it? months/years		
	No	2	GO TO Q13		
	12a. Did you begin	taking	tamoxifen following your receipt of BRCA1/2 test results?		
	Yes No				
13.	Have you taken ralo	xifene - breast	- a hormone used to treat osteoporosis and is being reviewed as a cancer? (or subject may know this as Evista)		
	Yes	1	If yes, what is the total number of months/years that you were/are taking it? months/years		
	No	2	GO TO Q14		
	13a. Did you begin	taking	raloxifene following the receipt of your BRCA1/2 test result?		
	Yes	1			
	No	2			

14.	The next set of questions are about some of the stressors that you may have experienced related to your family history of breast cancer and your own risk for cancer. Over the past couple of weeks, how much stress have you experienced regarding <item>? Would you say that <read statement=""> has been <read options=""></read></read></item>
a.	your risk of developing cancer
	Not at all stressful 1 A little bit stressful 2 Moderately stressful 3 Very stressful 4
b.	decisions about things you can do to reduce cancer risks (i.e., prophylactic surgery)
	Not at all stressful 1 A little bit stressful 2 Moderately stressful 3 Very stressful 4
c.	decisions about cancer screening (i.e., mammography, breast self-examinations)
	Not at all stressful
15a.	How confident are you that you can cope with your risk of developing cancer?
	Not at all confident
b.	How confident are you that you have made good decisions about your cancer prevention?
	Not at all confident
c.	How confident are you that you have made good decisions about your screening options?
	Not at all confident

16a. LIST]	In your opinion, how likely is it that you wil	l develo	p breast c	cancer, would	l you sa	y RE A	AD
	Not at all likely		·	·			
16b.	On a scale from 0 to 100 where 0 means that that you definitely will get breast cancer, ho	t you de w likely	finitely w would yo	on't get brea ou say you ar	st cance e to dev	r and 100 m elop breast o	eans cancer
	The next questions are about your attitudes	and opin	ions abou	ıt ovarian caı	ncer.		
17a.	In your opinion, how likely is it that you will	ll develo	p ovarian	cancer, wou	ld you s	ay [READ	LIST
	Not at all likely						
17b.	On a scale from 0 to 100 where 0 means that that you definitely will get ovarian cancer, he cancer?	t you de like	finitely w ly would	on't get ovar you say you	rian cano are to de	er and 100 per certain	means an
18. month	Instructions: The questions in this scale ask . In each case, please indicate with a check h	you abo	ut your fe n you felt	eelings and the or thought a	oughts certain	during the laway.	ıst
		Never	Almost Never	Sometimes	Fairly Often	Very Often	
	last month, how often have you felt that you nable to control the important things in fe?	0	1	2	3	4	
confid	last month, how often have you felt ent about your ability to handle ersonal problems?	0	1	2	3	4	
	last month, how often have you felt ings were going your way?	0	1	2	3	4	
felt di	last month, how often have you fficulties were piling up so high ou could not overcome them?	0	1	2	3	4	

19. I'm going to read a list of comments made by some people who have a family history of breast cancer. Please tell me how frequently these comments were true for you during the past seven days. [READ STATEMENT] Would you say this occurred...not at all, rarely, sometimes, or often?

	Not at All	Rarely	Some- times	Often
a. I thought about it when I didn't mean to	0	1	3	5
b. I avoided letting myself get upset when I thought about it or was reminded of it	.0	1	3	5
c. I had tried to remove it from memory	.0	1	3	5
d. I had trouble falling asleep or staying sleep, because of pictures or thoughts about it that came into my mind	0	1	3	. 5
e. I had waves of strong feelings about it	0	1	3	5
f. I had dreams about it	0	1	3	5
g. I stayed away from reminders of it	0	1	3	5
h. I felt as if it hadn't happened or it wasn't real	0	1	3	5
i. I tried not to talk about it	0	.1	3	5
j. Pictures about it popped into my mind	0	.1	3	5
m. Other things kept making me think about it	0	.1	3	5
n. I was aware that I still had a lot of feelings about it, but I didn't deal with them	0	1	3	5
m. I tried not to think about it	0	.1	3	5
n. Any reminder brought back feelings about it	0	. 1	3	5
o. My feelings about it were kind of numb	0	.1	3	5

20. Now I am going to read a list of problems and complaints that people sometimes have. Please tell me how much discomfort that problem has caused you in the last two weeks.

	Not at All	Slightly	Mod- erately	Extremely	
a. Nervousness or shakiness inside	1	2	3	4 .	
b. Thoughts of ending your life	1	2	3	4	
c. Suddenly scared for no reason	1	2	3	4	
d. Feeling lonely	1	2	3	4	
e. Feeling fearful	1	2	3	4	
f. Feeling blue	1	2	3	4	
g. Feeling not interested in things	1	2	3	4	
h. Feeling tense or keyed up	1	2	3	4	
i. Spells of terror or panic	1	2	3	4	
j. Feeling hopeless about the future	1	2	3	4	
k. Feeling so restless you couldn't sit still	1	2	3	4	
l. Feeling of worthlessness	1	2	3	4	
				SF36	
21. Now I would like to ask you some questions at help us to understand how you feel and how w	oout your ell you ar	views of e able to	your he	ealth. This information will usual activities.	
a- In general, would you say your health is:					
☐ 1. Excellent ☐ 2. Very good ☐ 3. Good	□ 4. Fair		□ 5. P	oor	

a- In general, would you say your health is:						
☐ 1. Excellent	☐ 2. Very good	□ 3. Good	 □ 4. Fair 	□ 5. Poor		
b- Compared to ONE YEAR AGO, how would you rate your health in general NOW?						
☐ 1. MUCH BET	TTER than one year a	go.				
☐ 2. Somewhat B	SETTER now than on	e year ago.				
☐ 3. About the SAME as one year ago.						
☐ 4. Somewhat V	☐ 4. Somewhat WORSE now than one year ago.					
☐ 5. MUCH WORSE now than one year ago.						

c- The following items are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much?

Activities	Yes, Limited A	Yes, Limited	No,
•	Lot	A Little	Not Limited At All
i) Vigorous activities, such as running, lifting heavy	1	2	3
objects, participating in strenuous sports?			
ii) Moderate activities, such as moving a table,	1	2	3
pushing a vacuum cleaner, bowling, or playing golf?			
iii) Lifting or carrying groceries?	1	2	3
iv) Climbing several flights of stairs?	1	2	3
v) Climbing one flight of stairs?	1	2	3
vi) Bending, kneeing or stooping?	1	2	3
vii) Walking more than a mile?	1	2	3
viii) Walking several blocks?	1	2	3
ix) Walking one block?	1	2	3
x) Bathing or dressing yourself?	1	2	3

d- During the <u>past 4 weeks</u>, have you had any of the following problems with your work or other regular activities <u>as a result of your physical health?</u>

	Yes	No
i) Cut down on the amount of time you spent on work or other activities?	Yes	No
ii) Accomplished less than you would like?	Yes	No
iii) Were limited in the kind of work or other activities?	Yes	No
iv) Had difficulty performing the work or other activities (for example it took extra effort)?	Yes	No

e. During the <u>past 4 weeks</u>, have you had any of the following problems with your work or other regular daily activities as a result of any <u>emotional problems</u> (such as feeling depressed or anxious)?

Yes	No
Yes	No
Yes	No
Yes	No
	Yes Yes

f. During the past 4 weeks, to what extent has your physical health or emotional problems interfered with your normal social activities with family, friends, neighbors, or groups?					
☐ 1. Not at all	☐ 2. Slightly	☐ 3. Moderately	☐ 4. Quite a bit	☐ 5. Extremely	

g. How much bodily pain have yo	u had duri	ng the pas	t 4 weeks?			
□ 1. None □ 2. Very mild □	3. Mild	□ 4. Mo	derate 🗆 5	. Severe	6. Very sev	ere
h. During the past 4 weeks, how n	nuch did n	ain interfe	re with vour	normal wor	k (including l	ooth work
n. During the past 4 weeks, now h	nuch ala p	am michie	ie willi your	ilominai woi	k (monding e	Jour Work
outside the home and housework)?	?					
☐ 1. Not at all ☐ 2. A little bit	□ 3. M	oderately	☐ 4. Quite	a bit 🗆 5	. Extremely	
i. These questions are about how	vou feel a	and how t	hings have b	een with vo	ou during the	past 4 wee
For each question, please give the	he one ans	wer that o	omes closes	t to the way	y you have be	een feeling
How much of the time during th	e past 4 we	eek		•		
	All of the	Most of	A good	Some of	A little of	None of
	time	the time	bit of the time	the time	the time	the time
a) Did you feel full of pep?	1	2	3	4	5	6
b) Have you been a very nervous	1	2	3	4	5	6
person?			_			
c) Have you felt so down in the	1	2	3	4	5	6
dumps that nothing could cheer you up?						
d) Have you felt calm and	1	2	3	4	5	6
peaceful?					_	
e) Did you have a lot of energy?	1 1	2	3	4	5	6
f) Have you felt downhearted and blue?	1	2	3	4	5	6
g) Do you feel worn out?	1	2	3	4	5	6
h) Have you been a happy	1	2	3	4	5	6
person?						
i) Did you feel tired?	1	2	3	4	5	6

k. How TRUE or FALSE is each of the following statements for you?

·	Definitely true	Mostly true	Don't know	Mostly false	Definitely false
a) I seem to get sick a little easier than other people?	1	2	3	4	5
b) I am as healthy as anybody I know?	1	2	3	4	5
c) I expect my health to get worse?	1	2	3	4	5
health is excellent?	1	2	3	4	5

22. Each item below describes a way in which different people respond to situations. On a scale from 1 (I haven't been doing this at all) to 4 (I've been doing this a lot), rate how often you have used these strategies in the past month to cope with your risk for developing cancer.

a. I've been concentrating my efforts on doing something about the situation I'm in	1	2	3	4
b. I've been trying to come up with a strategy about what to do	1	2	3	4
aa. I've been trying to see it in a different light, to make it seem more positive	1	2	3	4
d. I've been accepting the reality of the fact that it happened	1	2	3	4
bb. I've been making jokes about it	1	2	3	4
cc. I've been trying to find comfort in my religious or spiritual beliefs	1	2	3	4
dd. I've been getting emotional support from others	1	2	3	4
ee. I've been trying to get advice or help from other people about what to do	1	2	3	4
ff. I've been turning to work or other activities to take my mind off things	. 1	2	3	4
gg. I've been saying to myself "this isn't real."	1	2	3	4
hh. I've been saying things to let my unpleasant feelings escape	1	2	3	4
ii. I've been using alcohol or other drugs to make myself feel better	1	2	3	4
jj. I've been giving up trying to deal with it	1	2	3	4
kk. I've been criticizing myself	1	2	3	4
11. I've been taking action to try to make the situation better	1	2	3	4
mm. I've been thinking hard about what steps to take	1	2	3	4
nn. I've been looking for something good in what is happening	1	2	3	4
oo. I've been learning to live with it	1	2	3	4
pp. I've been making fun of the situation.	. 1	2	3	4
qq. I've been praying or meditating	1	2	3	4
rr. I've been getting comfort and understanding from someone	1	2	3	4
ss. I've been getting help or advice from other people	1	2	3	4
tt. I've been doing something to think about it less, such as going				
to the movies, watching TV, reading, daydreaming, sleeping, or shopping	1	2	3	4
uu. I've been refusing to believe that it has happened	1	2	3	.4
vv. I've been expressing my negative feelings	1	2	3	4
ww. I've been using alcohol or other drugs to help me get through it	1	2	3	4
xx. I've been giving up the attempt to cope	1	2	3	4
aa. I've been blaming myself for things that happened	1	2	3	4

23. Now, thinking about the decision you made to learn your BRCA1/2 status, please listen to the following comment some people make about that decision. Please indicate how strongly you agree or disagree with these comments, using this scale: [don't read the numbers, only the descriptors].
1=strongly agree 2=agree 3=neither agree nor disagree 4=disagree 5=strongly disagree
a. I am satisfied that I was adequately informed about the issues important to my decision about genetic testing.
b. The decision I made about genetic testing was the best decision possible for me personally.
c. I am satisfied that my decision about genetic testing was consistent with my personal values.
d. I am satisfied that this was my decision to make.
e. I am satisfied with my decision about genetic testing.
The next few questions are about your cancer screening practices and medical decision making?
24. Have you ever had a fecal occult blood test? (also known as an FOBT. This test detects blood in the stool and is a screening test for colon cancer).
Yes
24b Have you ever had a colonoscopy or flexible sigmoidoscopy?
Yes
No2
25. Have you ever had surgery to remove your breast(s)?
Yes
25a. Did you have surgery to remove one or both breasts?
One
Both 2 Date first breast removed:/
Date second breast removed:/ Go to Q25c

	25b.	Was it for prevention or cancer treatment?				
		Prevention				
		Cancer Treatment				
		Other 3 Go to Question 26				
	25c.	Was it for (READ LIST)?				
	Cance	r treatment on both sides				
	Preve	ntion of cancer on both sides				
26. A	re you o	considering having any (additional) breast surgery?				
	Yes	1				
	No	2 (go to Question 27)				
	26b. \	What (additional) breast surgery are you considering (READ LIST)				
	Preve	ntive removal of one breast1				
		ntive removal of both breasts (Bilateral mastectomy)2				
		3				
27.	How 1	nany times did you examine your own breast(s) in the past 3 months? Times				
28.	Have	you ever had a mammogram?				
		Yes				
	28a.	How old were you when you had your first mammogram?				
		years old				
	28b.	When was your last mammogram? / month year				
29.	When	was your last breast exam by a doctor or nurse? / month year				
30.	Have you had your uterus removed?					
31.	Have	you had your ovaries removed?				
	Yes					
	No	2 Go to Question 32				

31	a. Was it one ovary or both?	
	One1 Both2	
.31	b. Did you have your ovary (ovaries) removed for (READ LIST)?	
	The treatment of ovarian cancer	
IF BOTH	OVARIES REMOVED, GO TO QUESTION 34	
32. Are y	ou considering having your ovaries removed for prevention?	
	Yes1 No2	
33. Ha	we you had any of the following tests to screen for ovarian cancer?	
33	a. CA-125 (a blood test)	
	Yes	
	When was the last time you had this? / month year	
33	b. Pelvic ultrasound for screening purposes, not pregnancy. Pelvic ultrasound (sound was are projected onto the abdomen and an image is displayed your bladder has to be full the projected onto the abdomen and an image is displayed your bladder has to be full the projected onto the abdomen and an image is displayed your bladder has to be full the projected onto the abdomen and an image is displayed your bladder has to be full the projected onto the abdomen and an image is displayed your bladder has to be full the projected onto the abdomen and an image is displayed your bladder has to be full the projected onto the abdomen and an image is displayed your bladder has to be full the projected onto the abdomen and an image is displayed your bladder has to be full the projected onto the abdomen and an image is displayed your bladder has to be full the projected onto the abdomen and an image is displayed your bladder has to be full the projected onto the abdomen and an image is displayed your bladder has to be full the projected onto the abdomen and an image is displayed your bladder has to be full the projected onto the abdomen and an image is displayed your bladder has to be full the projected onto the projected o	aves II).
	Yes	
33	c. When was the last time you had this? / month year	

	33d. Transvaginal ultrasound for screening purposes, not pregnancy. Tranultrasound (a probe is inserted into the vagina to image the ovaries bladder does not have to be full).				
		Yes	Go to Question 33e. Go to Question 34 Go to Question 34		
	33e.	When was the last time you had this?	month year		
	33f.	Did this test include Doppler flow color i	maging?		
		Yes			
The	last que	estions are about your background.			
34.	What	t is the date of your birth? / / month day	year		
35.	What	t is your race or ethnic background? [REA]	D LIST]		
	Carib White Hispa Asian Nativ Other	k or African American. bbean or West Indian. e/non-Hispanic anic or Pacific Islander //e American ish or Hispanic	2 4 5 6		
36.	8 or Som Hig! Son	less years			
37.	Catl Prot Jew Ath	at is your religious background? [DO NOT nolic	READ LIST]		

38.	Are you currently employed for salary or wages? [READ LIST]
	Not employed1
	Full-time employed2
	Part-time employed3
	Retired4
39.	What was your household income before taxes last year? [READ LIST]
	less than \$20,0001
	\$20,001 - \$35,0002
	\$35,001 - \$50,0003
	\$50,001 - \$75,0004
	greater than \$75,0005
40.	Do you have health insurance?
	Yes1
	No2
	What type? [READ LIST]
	Fee for service (such as Blue Cross/Blue Shield) 1
	Health Maintenance Organization, HMO or other prepaid plan 2
	PPO or Point of Service
	Military/Champus4
	Medicaid5
	Medicare 6
	Other9